

# List of All Chemicals

## **P** Illicium verum (Illiciaceae)

### Common name(s)

Chinese Star Anise; anis estrellado (Sp.); Star Anise; anis de China (Sp.); Chinesischer Sternanis (Ger.); Sternanis (Ger.)

### How used

Food

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Chemical    | Part<br>All parts ... ▾ | Low<br>PPM | High<br>PPM | StdDev | *Reference  |
|-------------|-------------------------|------------|-------------|--------|---|
| 1,4-CINEOLE | Fruit                   | --         | --          |        | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| 1,8-CINEOLE | Fruit                   | 1.0        | 3500.0      | -0.22  | *   |

### Activities (67)

|  |  |
|--|--|
| (-)-Chronotropic 87 nI/ml              | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.               |
| (-)-Inotropic 87 nI/ml                 | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.               |
| Acaricide LC100=6 uM                   |  |
| Allelopathic                           |  |
| Allergenic                             |  |
| Anesthetic                             |  |
| Anthelmintic                           | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Antiacetylcholinesterase IC50=41 ug/ml |  |
| Antiallergic                           | J. Food Hyg. Soc. Jap. 33(6): 569.   |
| Antibacterial 50 ppm                   |  |
| Antibronchitic                         |  |
| Anticariogenic                         |  |
| Anticatarrh                            | Martindale's 29th  |
| Anticholinesterase IC50=50-70          |  |
| Antifatigue                            |  |
| Antihalitosis                          | American Health, 12(4): 17, 1993.  |
| Antiinflammatory                       |  |
| Antilaryngitic                         |  |
| Antinociceptive                        |  |
| Antipharyngitic                        |  |
| Antiplaque                             |  |
| Antirheumatic                          |  |
| Antirhinitic                           |  |
| Antiseptic                             | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Antisinusitic                          |  |
| Antispasmodic                          |  |
| Antistaphylococcic 50 ppm              |  |
| Antitussive                            |  |
| Antiulcer                              |  |
| CNS-Stimulant                          |  |
| Candidicide                            |  |
| Carcinogenic                           | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Choleretic                             |  |
| Convulsant                             |  |
| Counterirritant                        | Martindale's 29th  |
| Cytochrome-P450-Inducer                |  |
| Decongestant                           |  |
| Degranulant 0.3 ul/ml                  |  |
| Dentifrice                             | Martindale's 29th  |
| Edemagenic inj                         |  |
| Expectorant                            | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost.   |

Londón. 791 pp.

- FLavor FEMA 1-200 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
- Fungicide
- Gastroprotective
- Gram(+)-icide
- Gram(-)-icide
- Hepatotoxic
- Herbicide IC50=78 uM Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
- Hypotensive
- Inflammatory inj
- Insectifuge
- Irritant Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
- Myorelaxant Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
- Nematicide Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
- Neurotoxic
- P450-Inducer
- Pediculicide 2.3 x pyrethrin
- Perfume Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
- Pesticide
- Rubefacient Martindale's 29th
- Secretogogue
- Sedative
- Spasmogenic
- Surfactant
- Testosterone-Hydroxylase-Inducer
- Transdermal
- Trichomonicide LD100=1,000 ug/ml

|   |       |      |        |       |   |
|---|-------|------|--------|-------|---|
| 1-METHYL-4-ISOPROPENYL-BENZENE            | Fruit | --   | 1.0    |       | *   |
| 4-(BETA-D-GLUCOPYRANOSYLOXY)-BENZOIC-ACID | Fruit | --   | --     |       | *   |
| ALLO-AROMADENDRENE                        | Fruit | --   | 1050.0 | -0.4  | *   |
| ALPHA-COPAENE                             | Fruit | 25.0 | 1100.0 | 0.81  | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| ALPHA-CUBEBENE                            | Fruit | --   | 200.0  | -0.61 | *   |
| ALPHA-HUMULENE                            | Fruit | 1.0  | 900.0  | -0.15 | *   |

**Activities (2)**

- Antitumor Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (*Eugenia caryophyllata*) As Potential Anticarcinogenic Agents. *Journal of Natural Products* 55(7): 999-1003, 1992.
- Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

|                    |       |    |       |       |   |
|--------------------|-------|----|-------|-------|---|
| ALPHA-MUUROLENE    | Fruit | -- | 1.0   | -0.74 | *   |
| ALPHA-PHELLANDRENE | Fruit | -- | 435.0 | -0.36 | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |

**Activities (11)**

|                    |   |
|--------------------|---|
| Antibacterial      | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. |
| Antistaphylococcic | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. |
| Dermal             | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  |
| Emetic             |   |
| FLavor FEMA 10-130 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |
| Fungicide          | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.  |
| Insectiphile       | Pakistan Encyclopedia Planta Medica. 1986.  |
| Irritant           | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  |
| Laxative           |   |
| Perfumery          | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  |
| Pesticide          |   |

|              |       |      |        |       |   |
|--------------|-------|------|--------|-------|---|
| ALPHA-PINENE | Fruit | 50.0 | 1310.0 | -0.38 | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
|--------------|-------|------|--------|-------|---|

**Activities (28)**

|                                  |  |
|----------------------------------|--|
| Allelochemic                     |  |
| Allergenic                       |  |
| Antiacne                         |  |
| Antibacterial                    |  |
| Antifeedant                      |  |
| Antiflu                          | Economic & Medicinal Plant Research, 5: 195.   |
| Antiinflammatory 500 mg/kg       |  |
| Antipneumonic                    |  |
| Antiseptic                       |  |
| Antispasmodic                    |  |
| Antistaphylococcic               |  |
| Antiviral                        | Economic & Medicinal Plant Research, 5: 195.   |
| Cancer-Preventive                | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.  |
| Coleoptophile                    |  |
| Expectorant                      | Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.  |
| FLavor FEMA 15-150               | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |
| Herbicide IC50=30 uM             | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.     |
| Insecticide 0.82 uM/fly          |  |
| Insectifuge 50 ppm               |  |
| Insectiphile                     | J. Stored. Prod. Res., 22:141, 1986.   |
| Irritant                         | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| P450-2B1-Inhibitor IC50=0.087 uM |  |
| Perfumery                        | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |
| Pesticide                        |  |
| Sedative                         | Lawrence Review of Natural Products, Jun-90.   |
| Spasmogenic                      |  |
| Tranquilizer                     | Lawrence Review of Natural Products, Jun-90.   |
| Transdermal                      |  |

|                 |       |    |     |   |
|-----------------|-------|----|-----|---|
| ALPHA-SANTALENE | Fruit | -- | 1.0 | * |
|-----------------|-------|----|-----|---|

|                 |       |    |      |       |   |
|-----------------|-------|----|------|-------|---|
| ALPHA-TERPINENE | Fruit | -- | 70.0 | -0.07 | * |
|-----------------|-------|----|------|-------|---|

**Activities (13)**

|   |  |
|---|--|
| ACE-Inhibitor 100 ug/ml (weak activity) |  |
| Acaricide                               |  |
| Aldose-Reductase-Inhibitor 100 ug/ml    | Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101. |
| Antiacetylcholinesterase IC50=1.0 mM    |  |
| Antinitrosaminic                        |  |
| Antispasmodic                           |  |
| FLavor FEMA 1-40                        | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry   |
| Insecticide 0.86 uM/fly                 |  |
| Insectifuge                             |  |
| P450-2B1-Inhibitor IC50=0.76 uM         |  |
| Perfumery                               | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry   |
| Pesticide                               |  |
| Spasmogenic                             |  |

ALPHA-TERPINEOL                      Fruit                      85.0                      200.0                      -0.24                      Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

**Activities (23)**

|   |   |
|---|---|
| ACE-Inhibitor 100 ug/ml (weak activity) |   |
| Aldose-Reductase-Inhibitor 100 ug/ml    | Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.  |
| Allelopathic                            | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. |
| Antiacne                                |   |
| Antibacterial MIC=800-1,600 ug/ml       | Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.   |
| Anticancer                              | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.  |
| Anticariogenic MIC=800-1,600 ug/ml      | Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.   |
| Antiinflammatory                        |   |
| Antiproliferant                         |   |
| Antiseptic                              | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  |
| Cicatrizant ED50=240 ug/g mus           |   |
| FLavor FEMA 5-40                        | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry  |
| Insecticide 1.29 uM/fly                 |   |
| Interleukin-6-Inhibitor                 |   |
| Mosquitofuge > Deet                     |   |
| Motor-Depressant                        | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Nematicide MLC=1 mg/ml                  | Shoyakugaku Zasshi, 44: 183.  |
| Perfumery                               | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  |
| Pesticide                               |   |
| Sedative                                | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Termiticide IC100=5 mg/g                |   |
| Transdermal                             |   |
| Vulnerary ED50=240 ug/g mus             |   |

ANETHOLE                      Plant                      --                      --                      Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

**Activities (36)**

|                                    |   |
|------------------------------------|---|
| Allergenic                         |   |
| AntiNF-kB                          |   |
| AntiTNF                            |   |
| Antibacterial MBC=200 ug/ml        |   |
| Antigenotoxic 40-400 mg/kg orl mus |   |
| Antihepatotic                      | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.                            |
| Antiinflammatory                   |   |
| Antioxidant                        |   |
| Antiradicular                      |   |
| Antisalmonella MIC=200 ug/ml       |   |
| Antiseptic 200 ug/ml               |   |
| Antispasmodic                      |   |
| Antitumor                          |   |
| Antiyeast                          |   |
| Cancer-Preventive                  | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.   |
| Candidicide                        |   |
| Carminative                        | Merck 11th Edition  |
| Dermatitigenic                     |   |
| Digestive                          | Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.   |
| Estrogenic                         | Australian J. Med Herbalism, 7: 29.   |
| Expectorant                        | Martindale's 29th   |
| Fungicide                          | Wolf, R.B. Effects Of p-Methoxycinnamaldehyde From Star Anise And Related Cinnamic Acid Derivatives On Velvetleaf Germination. Journal of Natural Products, 49(1): 156-158, 1986. |
| Gastrostimulant                    |   |
| Hepatotoxic 695 mg/kg orl mus/days | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.                      |
| Immunostimulant                    | Economic & Medicinal Plant Research, 1: 124.  |
| Insecticide                        | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.   |
| Irritant                           | Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.  |
| Lactagogue                         |   |
| Leucocytogenic                     | Economic & Medicinal Plant Research, 1: 124.  |
| Mutagenic                          | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.   |
| Nephroprotective                   | Toxicol Appl. Pharmacol. 1996.  |
| Pesticide                          |   |
| Secretagogue                       | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.   |
| Secretolytic                       | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.   |
| Sweetener 13 x sucrose             |   |
| Sympathomimetic                    | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.                      |

|          |      |    |    |  |
|----------|------|----|----|--|
| ANISATIN | Seed | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
|----------|------|----|----|--|

**Activities (8)**

|                                  |  |
|----------------------------------|--|
| Analgesic 0.03 mg/kg             |  |
| Convulsant 3 mg/kg orl mus       |  |
| GABA-Antagonist                  |  |
| Neurotropic 0.03-3 mg/kg orl mus |  |
| Piscicide                        | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
| Poison                           |  |
| Sedative 0.03 mg/kg              |  |
| Toxic                            | List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.   |

|                 |       |     |      |       |   |
|-----------------|-------|-----|------|-------|---|
| BETA-BISABOLENE | Fruit | 1.0 | 75.0 | -0.87 | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
|-----------------|-------|-----|------|-------|---|

| Activities (6)             |   |  |  |  |  |
|----------------------------|---|--|--|--|--|
| Abortifacient              |   |  |  |  |  |
| Antirhinoviral IC50=1,800? | Denyer, C.V., Jackson, P., Loakes, D.M., Ellis, M.R., and Yound, D.A.B. Isolation of Antirhinoviral Sesquiterpenes From Ginger ( <i>Zingiber officinale</i> ). <i>Journal of Natural Products</i> , 57(5): 658-662, 1994. |  |  |  |  |
| Antiulcer IC57=100 mg/kg   | Yamahara, J., et al. Stomachic principles in ginger. II. Pungent and anti-ulcer effects of low polar constituents isolated from ginger, the dried rhizoma of... <i>Yakugaku Zasshi</i> 112: 645-655 (1992).               |  |  |  |  |
| Antiviral IC50=1,800?      | Denyer, C.V., Jackson, P., Loakes, D.M., Ellis, M.R., and Yound, D.A.B. Isolation of Antirhinoviral Sesquiterpenes From Ginger ( <i>Zingiber officinale</i> ). <i>Journal of Natural Products</i> , 57(5): 658-662, 1994. |  |  |  |  |
| Perfumery                  | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |  |  |  |  |
| Stomachic                  |   |  |  |  |  |

|              |       |     |       |      |   |
|--------------|-------|-----|-------|------|---|
| BETA-COPAENE | Fruit | --  | 500.0 |      | * |
| BETA-ELEMENE | Fruit | 1.0 | 650.0 | 0.32 | * |

| Activities (5)      |  |  |  |  |  |
|---------------------|--|--|--|--|--|
| Anticancer (Cervix) | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. |  |  |  |  |
| Antigliomic         |  |  |  |  |  |
| Antiproliferant     |  |  |  |  |  |
| Antitumor (Cervix)  | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. |  |  |  |  |
| Apoptotic           |  |  |  |  |  |

|                   |       |       |       |       |  |
|-------------------|-------|-------|-------|-------|--|
| BETA-PHELLANDRENE | Fruit | 220.0 | 835.0 | -0.33 | Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients 2nd Ed.</i> John Wiley & Sons, New York. 649 pp. |
|-------------------|-------|-------|-------|-------|--|

| Activities (3) |  |  |  |  |  |
|----------------|--|--|--|--|--|
| Expectorant    | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.  |  |  |  |  |
| Fungicide      | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |  |  |  |  |
| Perfumery      | Merck 11th Edition   |  |  |  |  |

|             |       |    |     |      |  |
|-------------|-------|----|-----|------|--|
| BETA-PINENE | Fruit | -- | 1.0 | -0.3 | Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients 2nd Ed.</i> John Wiley & Sons, New York. 649 pp. |
|-------------|-------|----|-----|------|--|

| Activities (13)    |   |  |  |  |  |
|--------------------|---|--|--|--|--|
| Allergenic         |   |  |  |  |  |
| Antiinflammatory   |   |  |  |  |  |
| Antiseptic         | Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients 2nd Ed.</i> John Wiley & Sons, New York. 649 pp.  |  |  |  |  |
| Antispasmodic      |   |  |  |  |  |
| Candidicide        |   |  |  |  |  |
| FLavor FEMA 15-600 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |  |  |  |  |
| Herbicide          | Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.   |  |  |  |  |
| Insectifuge        | Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  |  |  |  |  |
| Irritant           | Zebovitz, T. C. Ed. 1989. Part VII. <i>Flavor and Fragrance Substances</i> , in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals.</i> VCH Publishers, New York. 3560-4253. |  |  |  |  |
| Perfumery          | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |  |  |  |  |
| Pesticide          |   |  |  |  |  |
| Spasmogenic        | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp.   |  |  |  |  |
| Transdermal        |   |  |  |  |  |

|             |       |    |     |       |   |
|-------------|-------|----|-----|-------|---|
| BETA-PINENE | Plant | -- | 1.0 | -0.43 | * |
|-------------|-------|----|-----|-------|---|

| Activities (13)    |   |  |  |  |  |
|--------------------|---|--|--|--|--|
| Allergenic         |   |  |  |  |  |
| Antiinflammatory   |   |  |  |  |  |
| Antiseptic         | Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients 2nd Ed.</i> John Wiley & Sons, New York. 649 pp.  |  |  |  |  |
| Antispasmodic      |   |  |  |  |  |
| Candidicide        |   |  |  |  |  |
| FLavor FEMA 15-600 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |  |  |  |  |
| Herbicide          | Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.   |  |  |  |  |
| Insectifuge        | Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  |  |  |  |  |
| Irritant           | Zebovitz, T. C. Ed. 1989. Part VII. <i>Flavor and Fragrance Substances</i> , in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals.</i> VCH Publishers, New York. 3560-4253. |  |  |  |  |
| Perfumery          | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |  |  |  |  |
| Pesticide          |   |  |  |  |  |
| Spasmogenic        | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp.   |  |  |  |  |
| Transdermal        |   |  |  |  |  |

|                 |       |    |       |      |  |
|-----------------|-------|----|-------|------|--|
| BETA-SELININE   | Fruit | -- | 1.0   |      | *  |
| BETA-SITOSTEROL | Fruit | -- | 930.0 | 0.43 | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |

#### Activities (47)

|  |   |
|--|---|
| Androgenic                                 |   |
| Angiogenic                                 |   |
| Anorexic                                   | Martindale's 28th   |
| Antiadenomic                               | Merck 11th Edition  |
| Antiandrogenic                             | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.   |
| Antibacterial                              | Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.  |
| Anticancer (Breast)                        | Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103. |
| Anticancer (Cervix)                        |   |
| Anticancer (Lung)                          |   |
| Antiedemic IC54=320 mg/kg orl              |   |
| Antiestrogenic                             | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.   |
| Antifeedant                                | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  |
| Antifertility                              | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.   |
| Antigonadotrophic                          | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.   |
| Antihyperlipoproteinaemic                  | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.                                    |
| Antiinflammatory                           |   |
| Antileukemic                               |   |
| Antilymphomic                              |   |
| Antimutagenic 250 ug/ml                    |   |
| Antiphidic 2.3 mg mus                      | Economic & Medicinal Plant Research, 5: 363.  |
| Antioxidant IC44=10 uM                     |   |
| Antiprogestational                         | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.   |
| Antiprostaglandin 30 mg/day/12 wks         |   |
| Antiprostadenomic                          | Merck 11th Edition  |
| Antiprostatic 10-20 mg 3 x/day/orl man     |   |
| Antipyretic                                | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.   |
| Antitumor (Breast)                         | Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103. |
| Antitumor (Cervix)                         |   |
| Antitumor (Lung)                           |   |
| Antiviral                                  | Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991.               |
| Apoptotic                                  |   |
| Artemicide LC50=110 ppm                    | Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990.     |
| Cancer-Preventive                          | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.   |
| Candidicide                                | Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.  |
| Caspase-8-Inducer                          |   |
| Estrogenic                                 |   |
| Febrifuge                                  | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.   |
| Gonadotrophic                              | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.   |
| Hepatoprotective                           |   |
| Hypocholesterolemic 2-6 g/man/day/orl      | Martindale's 30th   |
| Hypocholesterolemic 9-3,330 mg/man/day/orl | Martindale's 28th   |
| Hypoglycemic                               | Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989.                    |
| Hypolipidemic 2-6 g/day                    |   |
| Pesticide                                  |   |
| Spermicide                                 | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.   |
| Ubiquiot                                   | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.                                    |
| Ulcerogenic 500 mg/kg ipr rat              |   |

|             |       |    |       |      |  |
|-------------|-------|----|-------|------|--|
| CALAMENE    | Fruit | -- | 650.0 |      | *  |
| CAMPESTEROL | Fruit | -- | 130.0 | 0.44 | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |

**Activities (2)**

Antioxidant IC37=10 uM

Hypocholesterolemic Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.

|          |       |    |     |       |   |
|----------|-------|----|-----|-------|---|
| CAMPHENE | Fruit | -- | 1.0 | -0.35 | * |
|----------|-------|----|-----|-------|---|

**Activities (9)**

Allelopathic Wright, C. W. (Ed) 2002. Medicinal & Aromatic Plants - Industrial Profiles. Artemisia. 344 pp. Maffei, M. (Ed) 2002. Vetiveria. The Genus Vetiveria. Taylor & Francis. NY, NY. 191 pp. Southwell, I., Lowe, R. (Eds) 1999. Tea Tree. The Genus Melaleuca. Harwood Acad. Pub. Amsterdam, Netherlands.

Antilithic? Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antioxidant Jim Duke's personal files.

Expectorant Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

FLavor FEMA 15-175 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Hypocholesterolemic? Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Pesticide

Spasmogenic Fitoterapia No.59-1984.

|         |       |    |     |      |   |
|---------|-------|----|-----|------|---|
| CARVONE | Fruit | -- | 1.0 | -0.5 | * |
|---------|-------|----|-----|------|---|

**Activities (19)**

Allergenic

Antiacetylcholinesterase IC50=1.4-1.8 mM

Antiproliferative

Antiseptic 1.5 x phenol Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)

CNS-Stimulant

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Candidostat

Carminative Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.

FLavor FEMA 80-3,000 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Fungistat

Insecticide Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Motor-Depressant Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R. G. and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC

Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

Sedative Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R. G. and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC

Trichomonicide LD100=300 ug/ml

Vermicide

|               |       |      |        |       |   |
|---------------|-------|------|--------|-------|---|
| CARYOPHYLLENE | Fruit | 85.0 | 3600.0 | -0.29 | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
|---------------|-------|------|--------|-------|---|

| Activities (31)                    |  |  |  |  |
|------------------------------------|--|--|--|--|
| Aldose-Reductase-Inhibitor         |  |  |  |  |
| Allergenic                         |  |  |  |  |
| Analgesic                          | Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.  |  |  |  |
| Antiacne                           |  |  |  |  |
| Antiasthmatic                      | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.  |  |  |  |
| Antibacterial                      |  |  |  |  |
| Anticariogenic<br>MIC=>1,600 ug/ml | Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.  |  |  |  |
| Antidermatitic                     |  |  |  |  |
| Antiedemic                         | Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990. |  |  |  |
| Antifeedant 500 ppm                | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.   |  |  |  |
| Antiinflammatory<br>IC50=100 uM    | Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990. |  |  |  |
| Antileishmanic                     |  |  |  |  |
| Antionychotic                      | Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.  |  |  |  |
| Antiproliferant                    |  |  |  |  |
| Antispasmodic                      |  |  |  |  |
| Antistaphylococcic                 |  |  |  |  |
| Antistreptococcic                  |  |  |  |  |
| Antitumor                          | Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (Eugenia caryophyllata) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.  |  |  |  |
| Antiulcer                          | Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.  |  |  |  |
| Candidicide                        |  |  |  |  |
| FLavor FEMA 20-200                 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |  |  |  |
| Fungicide                          |  |  |  |  |
| Gastroprotective                   | Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.  |  |  |  |
| Insectifuge                        |  |  |  |  |
| Irritant                           | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.                                 |  |  |  |
| Larvicide                          |  |  |  |  |
| Mosquitocide                       |  |  |  |  |
| Perfumery                          | Merck 11th Edition   |  |  |  |
| Pesticide                          |  |  |  |  |
| Sedative                           |  |  |  |  |
| Termitifuge                        | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.   |  |  |  |

|           |       |    |    |  |   |
|-----------|-------|----|----|--|---|
| CATECHINS | Fruit | -- | -- |  | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
|-----------|-------|----|----|--|---|

| Activities (1)            |  |  |  |  |
|---------------------------|--|--|--|--|
| Tyrosine-Kinase-Inhibitor |  |  |  |  |

|                       |       |     |      |   |  |
|-----------------------|-------|-----|------|---|--|
| CHAVICOL-METHYL-ETHER | Fruit | --  | --   | * |  |
| CINNAMIC-ALCOHOL      | Fruit | 1.0 | 50.0 | * |  |

| Activities (3) |  |  |  |  |
|----------------|--|--|--|--|
| Allergenic     |  |  |  |  |
| FEMA 3-700     | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |  |  |  |
| Irritant       | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |  |  |  |

|                       |       |     |      |  |   |
|-----------------------|-------|-----|------|--|---|
| CIS-ALPHA-BERGAMOTENE | Fruit | 1.0 | 50.0 |  | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
|-----------------------|-------|-----|------|--|---|

|              |       |     |       |       |   |
|--------------|-------|-----|-------|-------|---|
| CIS-ANETHOLE | Fruit | 1.0 | 140.0 | -1.11 | * |
|--------------|-------|-----|-------|-------|---|

| Activities (1)            |   |  |  |  |
|---------------------------|---|--|--|--|
| Toxic 15 x trans-anethole | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |  |  |  |

|                    |       |     |      |  |   |
|--------------------|-------|-----|------|--|---|
| CIS-BETA-FARNESENE | Fruit | 1.0 | 40.0 |  | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
|--------------------|-------|-----|------|--|---|

|                  |       |    |       |  |   |
|------------------|-------|----|-------|--|---|
| CIS-BETA-OCIMENE | Fruit | -- | 100.0 |  | * |
|------------------|-------|----|-------|--|---|

|            |       |    |    |  |   |
|------------|-------|----|----|--|---|
| D-FENCHONE | Fruit | -- | -- |  | * |
|------------|-------|----|----|--|---|

D-LIMONENE Fruit -- -- \*

**Activities (19)**

Antiacetylcholinesterase IC22=1.2 mM  
 Anticancer (Breast) 8,000 mg/kg  
 Anticancer (Gastric)  
 Antimelanomic IC50=450 uM/l  
 Antitumor (Breast) 8,000 mg/kg  
 Antitumor (Gastric)  
 Antitumor-Promoter  
 Apoptotic 8,000 mg/kg  
 Cancer-Preventive  
 Chemopreventive  
 Differentiator 8,000 mg/kg  
 FLavor FEMA 30-2,300 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  
 Hypocholesterolemic  
 Insecticide  
 Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  
 Litholytic Martindale's 28th  
 Nephrotoxic  
 P450-2B1-Inhibitor IC50=0.19 uM  
 Pesticide

D-PINENE Fruit -- -- \*

DELTA-3-CARENE Fruit 25.0 465.0 0.16 Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

**Activities (8)**

Allergenic?  
 Antibacterial Revista Itiliana Epos, 12: 5, 1994.  
 Antiinflammatory ipr Internat. J. Oriental Med. 15(4): 194, 1990+  
 Dermatitogenic  
 FLavor FEMA Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  
 Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  
 Irritant  
 Pesticide

DELTA-CADINENE Fruit -- 1.0 -0.47 Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

**Activities (9)**

Aldose-Reductase-Inhibitor  
 Antiacne  
 Antibacterial MIC800 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.  
 Anticariogenic MIC800 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.  
 Antistreptococcic  
 Cytochrome-P450-Inducer  
 P450-Inducer  
 Pesticide  
 Testosterone-Inducer

DL-LIMONENE Fruit -- -- \*

EO Seed -- 25000.0 -0.23 Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

EO Leaf -- 10000.0 -0.14 \*

EO Fruit 50000.0 100000.0 1.12 \*

ESTRAGOLE Fruit -- -- Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

**Activities (12)**

|   |   |
|---|---|
| Antiaggregant<br>IC50=320 uM                  | Laekeman, G.M., Van Hoof, L., Haemers, A., Vanden Berghe, D.A., Herman, A.G., and Vlietinck, A.J. Eugenol a Valuable Compound for In Vitro Experimental Research and Worthwhile for Further In Vivo Investigation. <i>Phytotherapy Research</i> 4(3): 93, 1990. |
| Calcium-Antagonist<br>IC50=257.6 uM ppg       |   |
| Cancer-Preventive                             | Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.   |
| Carcinogenic 4.4 uM/15 mos. scu mus           |   |
| DNA-Binder                                    | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| FLavor FEMA 4-150                             | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |
| Hepatocarcinogenic<br>0.23-0.46% diet/12 mos. |   |
| Hypothermic                                   | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| Insecticide                                   | Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  |
| Insectifuge                                   | Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  |
| Mutagenic                                     |   |
| Perfumery                                     | Merck 11th Edition  |

FENCHONE                      Fruit                      --                      1.0                      -1.0                      \*

**Activities (6)**

|                    |  |
|--------------------|--|
| Antialzheimeran?   | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase.  |
| Anticholinesterase | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase.  |
| Counterirritant    | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. |
| FLavor FEMA 0.1-5  | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |
| Perfumery          | Merck 11th Edition   |
| Secretolytic       | Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals</i> . CRC Press. Boca Raton, FL. 566 pp.  |

FENICULIN                      Fruit                      275.0                      2550.0                      \*

FLAVONOL-GLYCOSIDES                      Fruit                      --                      300.0                      1.0                      \*

FOENICULIN                      Fruit                      275.0                      2550.0                      1.0                      Leung, A. Y. and Foster, S. 1995. *Encyclopedia of Common Natural Ingredients 2nd Ed.* John Wiley & Sons, New York. 649 pp.

GAMMA-TERPINENE                      Fruit                      1.0                      75.0                      -0.64                      \*

**Activities (11)**

|   |  |
|---|--|
| ACE-Inhibitor 100 ug/ml (weak activity) |  |
| Acaricide                               |  |
| Aldose-Reductase-Inhibitor 100 ug/ml    | Okamura, K., Iwakami, S., Matsunaga, T. 1992. <i>Biological Activity of Monoterpenes from Trees</i> . Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.   |
| Antiacetylcholinesterase<br>IC23=1.2 mM |  |
| Antifeedant                             | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. <i>Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K)</i> , 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.              |
| Antioxidant                             | Jim Duke's personal files.   |
| FLavor FEMA 1-40                        | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |
| Insectifuge                             | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. <i>Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K)</i> , 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.              |
| Irritant                                | Zebovitz, T. C. Ed. 1989. Part VII. <i>Flavor and Fragrance Substances</i> , in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253. |
| Perfumery                               | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |
| Pesticide                               |  |

HYDROQUINONE                      Fruit                      --                      --                      Leung, A. Y. and Foster, S. 1995. *Encyclopedia of Common Natural Ingredients 2nd Ed.* John Wiley & Sons, New York. 649 pp.

| Activities (32)              |  |
|------------------------------|--|
| Allelochemic<br>IC100=2.7 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Allergenic                   | Merck 11th Edition   |
| Antibacterial                | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Antihepatomic                | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.   |
| Antilithic                   |  |
| Antimalarial                 |  |
| Antimelanomic                |  |
| Antimelasmic                 | Martindale's 29th  |
| Antimenorrhagic              |  |
| Antimitotic                  | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Antinephritic                |  |
| Antioxidant                  | Jim Duke's personal files.   |
| Antipertussive               |  |
| Antiseptic                   |  |
| Antithyretropic              |  |
| Antitrypanosomic             |  |
| Antitumor                    | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Astringent                   |  |
| Carcinogenic                 |  |
| Co-carcinogenic              |  |
| Convulsant 1 g orl           | Lawrence Review of Natural Products, Sep-87.   |
| Cytotoxic                    | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Deliriant 1,000 mg/man       | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.   |
| Depigmentor                  | Merck 11th Edition   |
| Emetic 1 g orl               | Lawrence Review of Natural Products, Sep-87.   |
| Flavor FEMA 5-50             | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |
| Herbicide IC41=50 ug/ml      | Hanke, F. J., Natural Products as a Resource for Biologically Active Compounds, Thesis, U. Cal (Santa Cruz), 1986, 252 pp  |
| Hypertensive                 | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Irritant                     | Martindale's 28th  |
| Mycoplasmatistat             | Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh.  |
| Pesticide                    |  |
| Tinnitogenic 1,000 mg/man    | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.   |

|                            |       |    |    |   |
|----------------------------|-------|----|----|---|
| KAEMPFEROL-3-O-GALACTOSIDE | Plant | -- | -- | * |
| KAEMPFEROL-3-O-GLUCOSIDE   | Plant | -- | -- | * |
| KAEMPFEROL-3-O-RUTINOSIDE  | Plant | -- | -- | * |
| KAEMPFEROL-3-O-GALACTOSIDE | Plant | -- | -- | * |

| Activities (1)    |  |
|-------------------|--|
| Antioxidant ED=uM |  |

|                          |       |    |    |   |
|--------------------------|-------|----|----|---|
| KAEMPFEROL-3-O-GLUCOSIDE | Plant | -- | -- | * |
|--------------------------|-------|----|----|---|

| Activities (4) |                        |
|----------------|------------------------|
| AntiHIV        |                        |
| Antiviral      |                        |
| Choleretic     | Fitoterapia No.5-1986. |
| Pesticide      |                        |

|                           |       |    |    |   |
|---------------------------|-------|----|----|---|
| KAEMPFEROL-3-O-RUTINOSIDE | Fruit | -- | -- | * |
| L-LIMONENE                | Fruit | -- | -- | * |

**Activities (2)**

Antiacholinesterase IC25=1.2 mM

Antiacholinesterase IC27=164 ug/ml

|          |       |       |        |      |   |
|----------|-------|-------|--------|------|---|
| LIMONENE | Fruit | 100.0 | 5220.0 | -0.0 | * |
|----------|-------|-------|--------|------|---|

**Activities (60)**

|   |  |
|---|--|
| AChE-Inhibitor                                      | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8. |
| Acaricide LC100=8 uM                                |  |
| Allelochemic  |  |
| Allergenic 1/20th carene                            |  |
| Antiacetylcholinesterase IC22-26=1.2 mM             |  |
| Antiadenomic  |  |
| Antialzheimeran?                                    | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8. |
| Antiasthmatic                                       |  |
| Antibacterial                                       | Revista Itiliana Eppos, 12: 5, 1994.   |
| Anticancer  |  |
| Antiesophagitic                                     |  |
| Antifeedant   |  |
| Antiflu   | Economic & Medicinal Plant Research, 5: 195.   |
| Antiinflammatory                                    |  |
| Antilithic  |  |
| Antilymphomic                                       |  |
| Antimetastatic (Stomach)                            |  |
| Antimutagenic                                       | Economic & Medicinal Plant Research, 6: 235.   |
| Antiobesity   |  |
| Antiseptic  |  |
| Antispasmodic ED50=0.197 mg/ml                      | Fitoterapia No.59-1984.  |
| Antitumor   |  |
| Antitumor (Breast)                                  |  |
| Antitumor (Colon)                                   |  |
| Antitumor (Pancreas)                                |  |
| Antitumor (Prostate)                                |  |
| Antitumor (Stomach)                                 |  |
| Antiviral   |  |
| Apoptotic   |  |
| Bronchoprotectant                                   |  |
| Cancer-Preventive                                   | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.  |
| Candidistat   |  |
| Chemopreventive                                     |  |
| Cholesterolytic                                     |  |
| Detoxicant  |  |
| Enterocontractant                                   | J. Aromatherapy 4: 22.   |
| Expectorant   |  |
| FLavor  |  |
| Fungiphilic   | J. Agric. Food Chem. 43: 2283.   |
| Fungistat   |  |
| GST-Inducer   |  |
| Herbicide IC50=45 uM                                | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.   |
| Histaminic  |  |
| Immunomodulator                                     |  |
| Insecticide 0.37 uM/fly                             |  |
| Insectifuge   | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.   |
| Interleukin-6-Inhibitor                             |  |
| Irritant  |  |
| Lipolytic   |  |
| Myorelaxant 50 mg/kg                                |  |
| NO-Genic  |  |
| Nematicide IC=100 ug/ml                             | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.                       |
| Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet) |  |
| Ozone-Scavenger                                     |  |
| P450-Inducer  |  |
| Peristaltic   |  |
| Pesticide   |  |
| Photosensitizer                                     | Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.   |
| Sedative ED=1-32 mg/kg                              | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)  |
| Transdermal   |  |

|          |       |       |        |       |   |
|----------|-------|-------|--------|-------|---|
| LINALOL  | Fruit | 250.0 | 1400.0 | -0.4  | * |
| LINALOOL | Fruit | 250.0 | 1400.0 | -0.19 | * |

### Activities (53)

|   |   |
|---|---|
| Acaricide C90=<15 ul/l (= <15 ppm)                    |   |
| Allergenic  |   |
| Analgesic   |   |
| Anesthetic 0.01-1 ug/ml                               |   |
| Antiacetylcholinesterase                              |   |
| Antiallergic  | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.   |
| Antianaphylactic                                      |   |
| Antibacterial MIC=1,600 ug/ml                         |   |
| Anticarcinogenic MIC=1,600 ug/ml                      | Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.   |
| Anticolic   |   |
| Anticonvulsant 200 mg/kg ipr mus                      |   |
| Antiedemic  |   |
| Antiglutamaergic                                      |   |
| Antihistaminic  | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.   |
| Antiinflammatory                                      |   |
| Antileukemic IC50=3.5-4.2 ug/ml                       | Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.  |
| Antilymphomic IC50=3.5-4.2 ug/ml                      | Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.  |
| Antimange   |   |
| Antimite  |   |
| Antimutagenic   |   |
| Antiseptic 5 x phenol                                 | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)   |
| Antishock   | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.   |
| Antispasmodic   | Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990.                        |
| Antiviral   |   |
| Barbituate-Synergist                                  |   |
| Bronchorelaxant                                       | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.   |
| CNS-Depressant  |   |
| Cancer-Preventive                                     | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.   |
| Candidistat   |   |
| Carminative   |   |
| Culicide LC50=156-194 mg/l                            |   |
| Cytotoxic   |   |
| Expectorant   | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.   |
| FLavor FEMA 2-40                                      | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |
| Fungicide   | Acta Botanica Sinica, 32: 49.   |
| GABA-nergic   |   |
| Hypnotic  |   |
| Hypothermic   |   |
| Insecticide LC50=156-194 mg/l                         |   |
| Insectifuge   | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  |
| Irritant  | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.  |
| Larvicide LC50=156-194 mg/l                           |   |
| Mosquitofuge > Deet                                   |   |
| Motor-Depressant                                      | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Nematicide MLC=1 mg/ml                                | Shoyakugaku Zasshi, 44: 183.  |
| Perfumery   | Merck 11th Edition  |
| Pesticide   |   |
| Prooxidant  | Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.   |
| Sedative ED=1-32 mg/kg                                | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)   |
| Sedative 200 mg/kg ipr mus (1% as active as diazepam) |   |
| Termitifuge   | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  |
| Trichomonicide LD100=600 ug/ml                        |   |
| Tumor-Promoter  |   |

|                                      |  |       |        |       |   |
|--------------------------------------|--|-------|--------|-------|---|
| LONGIFOLENE                          | Fruit  | --    | 1.0    |       | *   |
| METHYL-ANISATE                       | Fruit  | 1.0   | 300.0  |       | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| <b>Activities (2)</b>                |  |       |        |       |   |
| FLavor FEMA 2-10                     | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry   |       |        |       |   |
| Perfumery                            | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry   |       |        |       |   |
| METHYL-CHAVICOL                      | Fruit  | 280.0 | 6500.0 | 1.64  | *   |
| <b>Activities (6)</b>                |  |       |        |       |   |
| Calcium-Antagonist IC50=258 uM       |  |       |        |       |   |
| DNA-Binder                           |  |       |        |       |   |
| Hepatocarcinogenic                   | Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.  |       |        |       |   |
| Hypothermic                          |  |       |        |       |   |
| Insecticide                          |  |       |        |       |   |
| Pesticide                            |  |       |        |       |   |
| MYRCENE                              | Fruit  | 40.0  | 200.0  | -0.35 | *   |
| <b>Activities (22)</b>               |  |       |        |       |   |
| ACE-Inhibitor 100 ug/ml              |  |       |        |       |   |
| Aldose-Reductase-Inhibitor 100 ug/ml | Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.   |       |        |       |   |
| Allergenic                           |  |       |        |       |   |
| Analgesic                            | Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.                           |       |        |       |   |
| Antibacterial                        |  |       |        |       |   |
| Anticonvulsant                       |  |       |        |       |   |
| Antimutagenic                        | Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.                           |       |        |       |   |
| Antinitrosaminic                     |  |       |        |       |   |
| Antinociceptive 10-20 mg/kg ipr mus  | Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.  |       |        |       |   |
| Antinociceptive 20-40 mg/kg scu mus  | Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.  |       |        |       |   |
| Antioxidant                          | Jim Duke's personal files.   |       |        |       |   |
| Antispasmodic                        | Jim Duke's personal files.   |       |        |       |   |
| Chemopreventive                      | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.  |       |        |       |   |
| FLavor FEMA 0.5-9                    | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry   |       |        |       |   |
| Fungicide                            | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.   |       |        |       |   |
| Hypothermic                          |  |       |        |       |   |
| Insectifuge                          |  |       |        |       |   |
| Irritant                             | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |       |        |       |   |
| Myorelaxant 100-200 mg/kg            |  |       |        |       |   |
| P450-2B1-Inhibitor IC50=0.14 uM      |  |       |        |       |   |
| Perfumery                            | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |       |        |       |   |
| Pesticide                            |  |       |        |       |   |
| NEROLIDOL                            | Fruit  | --    | 50.0   | -0.71 | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |

| Activities (11)                 |  |  |  |  |   |
|---------------------------------|--|--|--|--|---|
| Aldose-Reductase-Inhibitor      |  |  |  |  |   |
| Allergenic                      |  |  |  |  |   |
| Antiacne                        |  |  |  |  |   |
| Antibacterial MIC=25-200 ug/ml  |  |  |  |  | Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105. |
| Anticariogenic MIC=25-200 ug/ml |  |  |  |  | Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105. |
| Antifeedant 1 mM (diet)         |  |  |  |  | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.                |
| Antistreptococcic               |  |  |  |  |   |
| FLavor FEMA 1-10                |  |  |  |  | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |
| Nematicide MLC=1 mg/ml          |  |  |  |  | Shoyakugaku Zasshi, 44: 183.  |
| Perfumery                       |  |  |  |  | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry   |
| Pesticide                       |  |  |  |  |   |

|                |       |       |       |  |  |  |
|----------------|-------|-------|-------|--|--|--|
| P-ANISALDEHYDE | Fruit | 190.0 | 850.0 |  |  | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
|----------------|-------|-------|-------|--|--|--|

| Activities (11)        |  |  |  |  |  |  |
|------------------------|--|--|--|--|--|--|
| Antimutagenic          |  |  |  |  |  | Economic & Medicinal Plant Research, 6: 235.   |
| Cosmetic               |  |  |  |  |  | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| FLavor FEMA 0.5-75     |  |  |  |  |  | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |
| Fungicide              |  |  |  |  |  | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Insecticide            |  |  |  |  |  | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Irritant               |  |  |  |  |  | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Nematicide MLC=1 mg/ml |  |  |  |  |  | Shoyakugaku Zasshi, 44: 183.   |
| Perfumery              |  |  |  |  |  | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Pesticide              |  |  |  |  |  |  |
| Piscicide              |  |  |  |  |  | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.               |
| Sedative               |  |  |  |  |  | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |

|          |       |     |       |       |   |  |
|----------|-------|-----|-------|-------|---|--|
| P-CYMENE | Fruit | 1.0 | 100.0 | -0.57 | * |  |
|----------|-------|-----|-------|-------|---|--|

| Activities (16)                      |  |  |  |  |  |  |
|--------------------------------------|--|--|--|--|--|--|
| Analgesic                            |  |  |  |  |  | Martindale's 28th  |
| Antiacetylcholinesterase IC40=1.2 mM |  |  |  |  |  |  |
| Antibacillary                        |  |  |  |  |  |  |
| Antibacterial                        |  |  |  |  |  |  |
| Antiflu                              |  |  |  |  |  |  |
| Antirheumatalgic                     |  |  |  |  |  | Martindale's 28th  |
| Antiviral                            |  |  |  |  |  |  |
| FLavor FEMA 12-250                   |  |  |  |  |  | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |
| Fungicide                            |  |  |  |  |  | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.   |
| Herbicide IC50=50 uM                 |  |  |  |  |  | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.   |
| Insectifuge                          |  |  |  |  |  | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.      |
| Irritant                             |  |  |  |  |  | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Laxative                             |  |  |  |  |  | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Pesticide                            |  |  |  |  |  |  |
| Sedative                             |  |  |  |  |  | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Trichomonicide LD100=50 ug/ml        |  |  |  |  |  |  |

|                               |       |      |       |     |   |  |
|-------------------------------|-------|------|-------|-----|---|--|
| P-CYMENE-8-OL                 | Fruit | --   | 200.0 | 1.0 | * |  |
| P-METHOXY-PHENYL-PROPAN-2-ONE | Fruit | --   | 50.0  |     | * |  |
| P-METHOXY-PROPAN-2-ONE        | Plant | 75.0 | 100.0 |     | * |  |

P- METHOXYCINNAMALDEHYDE

Plant -- --

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

**Activities (2)**

Herbicide 5 mM  
Pesticide

PHYTOSTEROLS Fruit -- 1140.0 0.25 Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

**Activities (2)**

Antiprostatotic  
Hypocholesterolemic

PROANTHOCYANIDINS Fruit -- -- Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

**Activities (34)**

AntiCVI 100 mg/day/man  
Antiallopecic  
Antiatherosclerotic  
Antibacterial  
Antidiabetic Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.  
Antiedemic 400 mg/kg/day orl rat  
Antihistaminic  
Antiischemic  
Antioxidant >Vit E-succinate  
Antioxidant 5 x Vit. E  
Antiperiodontal Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
Antiplaque Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
Antiproliferant  
Antiretinopathic  
Antiseptic  
Antistroke 200 mg/kg orl rat  
Antitumor  
Antiviral  
Beta-Glucuronidase-Inhibitor IC50=1 uM  
Capillariprotective  
Cardioprotective  
Collagenase-Inhibitor  
Collagenic  
Deodorant Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.  
Elastase-Inhibitor IC50= ~4 uM  
Gram(+)icide  
Gram(-)icide  
Hepatoprotective  
Hyaluronidase-Inhibitor IC50+ =50-80 uM  
Hypoglycemic Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.  
Ornithine-Decarboxylase-Inhibitor  
Propecic  
Vasodilator  
Vasorelaxant

QUERCETIN-3-O-GALACTOSIDE Plant -- -- \*

QUERCETIN-3-O-GLYCOSIDE Plant -- -- \*

QUERCETIN-3-O-RUTINOSIDE Plant -- -- \*

QUERCETIN-3-O-XYLOSIDE Plant -- -- \*

QUERCETIN-3-O-GALACTOSIDE Plant -- -- \*

**Activities (2)**

Analgesic  
 Antiinflammatory Pathak, D., Pathak, K., Singla\*, A.K. 1991. Flavonoids as medicinal agents - Recent advances. *Fitoterapia* 62(5): 62, 1991.

QUERCETIN-3-O-GLYCOSIDE Plant -- -- \*

QUERCETIN-3-O-RHAMNOSIDE Plant -- -- \*

**Activities (1)**

Anticomplementary

QUERCETIN-3-O-RUTINOSIDE Plant -- -- \*

QUERCETIN-3-O-XYLOSIDE Plant -- -- \*

RUTIN Fruit -- -- \*

**Activities (87)**

5-HT-Inhibitor

Aldehyde-Oxidase-Inhibitor IC27-52=10 uM

Aldose-Reductase-Inhibitor 100 uM

Aldose-Reductase-Inhibitor 4 ug/ml Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. *Sankyo Kenkyusho Nempo*, 43: 99-110.

Allelochemic

AntiCVI 270 mg/man/day

Antiaggregant ED50=33 nmol/kg iv

Antiallergic

Antipoplectic

Antitherogenic

Antiatherosclerotic

Antibacterial Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

Anticancer

Anticapillary-Fragility 20-100 mg orl man Merck 7th Ed.

Anticataract

Anticlastogen

Anticonvulsant Huang, K. C. 1993. *The Pharmacology of Chinese Herbs.* CRC Press, Boca Raton, FL 388 pp.

Antidementia Bruneton, J. 1999. *Pharmacognosy, Phytochemistry, Medicinal Plants.* 2nd Ed. Lavoisier Publishing, Paris. 1119 pp.

Antidermatitic Bisset, N.G., ed. 1994. *Herbal Drugs and Phytopharmaceuticals.* CRC Press. Boca Raton, FL. 566 pp.

Antidiabetic Jin, G-Z., Yamagata, Y., and Tomita, K.-i. 1989. Structure of Rutin Pentamethanol. *Chem. Pharm. Bull.* 38(2): 297-300, 1990.

Antiedemic 270 mg/day orl man

Antierhythmic

Antifeedant

Antiglaucomic 60 mg/day Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

Antihematuric

Antihemorrhoidal

Antihepatotoxic Keeler, R.F. and Tu, A.T. eds. 1991. *Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)* Marcel Dekker, Inc. NY. 665 pp.

Antihyperpetic Economic & Medicinal Plant Research, 5: 198.

Antihistaminic

Antihypertensive Huang, K. C. 1993. *The Pharmacology of Chinese Herbs.* CRC Press, Boca Raton, FL 388 pp.

Antiinflammatory 20 mg/kg

Antimalarial IC50=>100 ug/ml Khalid, S.A., Farouk, A., Geary\*\*, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using *Plasmodium falciparum*\*. *Journal of Ethnopharmacology*, 15: 201-209, 1986.

Antimelanomic

Antimetastatic

Antimutagenic ID50=2-5 nM

Antinephritic

Antinociceptive

Antioxidant IC28=30 ppm

Antioxidant IC50=120 uM

Antioxidant IC54=10 uM

Antiperoxidant IC50=10-20 uM

Antiplatelet

|   |  |
|---|--|
| Antiproliferant 50-75 uM/l              |  |
| Antiprotozoal                           |  |
| Antipurpuric                            |  |
| Antiradicular 9 x quercetin             |  |
| Antispasmodic                           |  |
| Antisunburn                             |  |
| Antithrombogenic EC50=500 nM            |  |
| Antithyroid IC50=68 uM                  |  |
| Antitrypanosomic 100 mg/kg              | Planta Medica, 57: A44, 1991.  |
| Antitumor                               |  |
| Antitumor-Promoter                      |  |
| Antiulcer                               |  |
| Antivaricose                            |  |
| Antiviral                               |  |
| Apoptotic 75 uM/l                       |  |
| Cancer-Preventive                       | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.  |
| Capillarioprotective                    | Merck 11th Edition   |
| Catabolic                               |  |
| Chemopreventive                         |  |
| Cytoprotective IC50=3 uM                |  |
| Estrogenic?                             | Economic & Medicinal Plant Research, 6: 189.   |
| Hemostat                                |  |
| Hepatomagenic 20,000 ppm (diet) rat     | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.  |
| Hepatoprotective 20 mg/kg rat           |  |
| Hypocholesterolemic                     | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.  |
| Hypotensive                             | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.  |
| Immunomodulator                         |  |
| Insecticide                             | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.   |
| Insectiphile                            | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| Juvabional                              | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.   |
| Larvostat IC95=4,000-8,000 ppm diet     | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Lipoxygenase-Inhibitor IC75=2.5 mM      | Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.   |
| Mutagenic                               | Economic & Medicinal Plant Research, 6: 189.   |
| Myoprotective                           |  |
| Myorelaxant                             | Economic & Medicinal Plant Research, 6: 189.   |
| Oviposition-Stimulant                   | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.   |
| PAF-Inhibitor                           |  |
| Pesticide                               |  |
| Protisticide                            |  |
| Radioprotective                         |  |
| Sunscreen                               |  |
| Topoisomerase-II-Inhibitor IC50=1 ug/ml | Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Cruzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. Antimicrobial Agents & Chemotherapy, 41: 992-998.                  |
| Vasodilator                             |  |
| Vasopressor                             |  |
| cAMP-Phosphodiesterase-Inhibitor        | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).   |

SABINENE                      Fruit                      1.0                      20.0                      -0.53                      \*

**Activities (5)**

|                  |   |
|------------------|---|
| Antibacterial    |   |
| Antihelicobacter |   |
| Antiseptic       |   |
| Antiulcer        |   |
| Perfumery        | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |

SAFROLE                      Plant                      --                      --                      \*

**Activities (29)**

|                                      |   |
|--------------------------------------|---|
| Anesthetic                           |   |
| Antiaggregant<br>IC50=110 uM         | Janssens, J., Laekeman, G.M., Pieters, L.A.C., Totte, J., Herman, A.G., and Vlietinck, A.J. 1990. Nutmeg Oil: Identification and Quantitation of its Most Active Constituents as Inhibitors of Platelet Aggregation. <i>J. of Ethnopharmacology</i> , 29: 179-188, 1990.                |
| Antibacterial                        |   |
| Anticonvulsant                       | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| Antiseptic                           | Merck 11th Edition  |
| CNS-Depressant                       | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| CNS-Stimulant                        | List, P.H. and Horhammer, L., <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.  |
| Calcium-Antagonist<br>IC50=58 uM     |   |
| Calcium-Antagonist<br>IC50=57 uM gpg |   |
| Cancer-Preventive                    | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.   |
| Carcinogenic                         | Merck 11th Edition  |
| Carminative                          |   |
| Controlled                           | HerbalGram No. 20, page 15.   |
| Cytochrome-P450-<br>Inducer          | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.  |
| Cytochrome-P488-<br>Inducer          | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.  |
| DNA-Binder                           | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| Hepatocarcinogenic                   | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.  |
| Hepatoregenerative                   | CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses   |
| Hepatotoxic                          | Martindale's 29th   |
| Hypothermic                          | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| Irritant                             | Rinzler, C. A. 1990. <i>The Complete Book of Herbs, Spices and Condiments</i> . Facts on File, New York. 199 pp.  |
| Mutagenic                            |   |
| Nematicide MLC=1<br>mg/ml            | Shoyakugaku Zasshi, 44: 183.  |
| Neurotoxic                           | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips 13:15-20</i> Huxtable, R.J. 1992b. <i>The Myth of Benificent Nature. The Risk of Herbal Preparations</i> . <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R. |
| Pediculicide                         | Merck 11th Edition  |
| Perfumery                            | Merck 11th Edition  |
| Pesticide                            |   |
| Psychoactive                         | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips 13:15-20</i> Huxtable, R.J. 1992b. <i>The Myth of Benificent Nature. The Risk of Herbal Preparations</i> . <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R. |
| Tremorigenic                         |   |

SAFROLE                      Fruit                      --                      --                      Leung, A. Y. and Foster, S. 1995. *Encyclopedia of Common Natural Ingredients* 2nd Ed. John Wiley & Sons, New York. 649 pp.

**Activities (29)**

|                                      |   |
|--------------------------------------|---|
| Anesthetic                           |   |
| Antianggregant<br>IC50=110 uM        | Janssens, J., Laekeman, G.M., Pieters, L.A.C., Totte, J., Herman, A.G., and Vlietinck, A.J. 1990. Nutmeg Oil: Identification and Quantitation of its Most Active Constituents as Inhibitors of Platelet Aggregation. <i>J. of Ethnopharmacology</i> , 29: 179-188, 1990.                |
| Antibacterial                        |   |
| Anticonvulsant                       | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| Antiseptic                           | Merck 11th Edition  |
| CNS-Depressant                       | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| CNS-Stimulant                        | List, P.H. and Horhammer, L., <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.  |
| Calcium-Antagonist<br>IC50=58 uM     |   |
| Calcium-Antagonist<br>IC50=57 uM gpg |   |
| Cancer-Preventive                    | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.   |
| Carcinogenic                         | Merck 11th Edition  |
| Carminative                          |   |
| Controlled                           | HerbalGram No. 20, page 15.   |
| Cytochrome-P450-<br>Inducer          | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.  |
| Cytochrome-P488-<br>Inducer          | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.  |
| DNA-Binder                           | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| Hepatocarcinogenic                   | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.  |
| Hepatoregenerative                   | CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses   |
| Hepatotoxic                          | Martindale's 29th   |
| Hypothermic                          | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.  |
| Irritant                             | Rinzler, C. A. 1990. <i>The Complete Book of Herbs, Spices and Condiments</i> . Facts on File, New York. 199 pp.  |
| Mutagenic                            |   |
| Nematicide MLC=1<br>mg/ml            | Shoyakugaku Zasshi, 44: 183.  |
| Neurotoxic                           | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips 13:15-20</i> Huxtable, R.J. 1992b. <i>The Myth of Benificent Nature. The Risk of Herbal Preparations</i> . <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R. |
| Pediculicide                         | Merck 11th Edition  |
| Perfumery                            | Merck 11th Edition  |
| Pesticide                            |   |
| Psychoactive                         | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips 13:15-20</i> Huxtable, R.J. 1992b. <i>The Myth of Benificent Nature. The Risk of Herbal Preparations</i> . <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R. |
| Tremorigenic                         |   |

STIGMASTEROL                      Fruit                      --                      80.0                      -0.06                      Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. *CRC Handbook of Lipids in Human Nutrition*. CRC Press. Boca Raton, FL. 233 pp.)

**Activities (12)**

|                              |   |
|------------------------------|---|
| Antihepatotoxic              |   |
| Antiinflammatory             | Lawrence Review of Natural Products, 1995   |
| Antinociceptive              |   |
| Antiphidic 2.3 mg<br>ipr mus | Economic & Medicinal Plant Research, 5: 363.  |
| Antioxidant IC33=10<br>uM    |   |
| Antiviral                    | Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.           |
| Artemicide<br>LC50=110 ppm   | Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> . 29(5): 1667-1670. 1990. |
| Cancer-Preventive            | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.   |
| Estrogenic                   |   |
| Hypocholesterolemic          | Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.  |
| Ovulant                      |   |
| Sedative                     |   |

TANNIN                      Fruit                      --                      --                      \*

**Activities (35)**

|   |   |
|---|---|
| Anthelmintic                              |   |
| AntiHIV                                   |   |
| Antibacterial                             |   |
| Anticancer                                |   |
| Anticariogenic                            |   |
| Antidiarrheic                             |   |
| Antidysenteric                            |   |
| Antihepatotoxic                           |   |
| Antihypertensive                          |   |
| Antilipolytic                             |   |
| Antimutagenic                             |   |
| Antinephritic                             | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990. |
| Antiphidic                                | Economic & Medicinal Plant Research, 5: 363.  |
| Antioxidant<br>IC50=1.44 ug/ml            |   |
| Antioxidant 1/3<br>quercetin              |   |
| Antiradicular 500<br>mg/kg/day orl mus    | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990. |
| Antiradicular 1/3<br>quercetin            |   |
| Antirenitic                               | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990. |
| Antitumor                                 |   |
| Antitumor-Promoter                        |   |
| Antiulcer                                 |   |
| Antiviral                                 |   |
| Cancer-Preventive                         | HerbalGram No. 22 - Spring 1990, page 14.   |
| Carcinogenic                              |   |
| Chelator                                  |   |
| Cyclooxygenase-<br>Inhibitor              |   |
| Glucosyl-<br>Transferase-Inhibitor        |   |
| Hepatoprotective                          |   |
| Immunosuppressant                         |   |
| Lipoxygenase-<br>Inhibitor                |   |
| MAO-Inhibitor                             |   |
| Ornithine-<br>Decarboxylase-<br>Inhibitor |   |
| Pesticide                                 |   |
| Psychotropic                              | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990. |
| Xanthine-Oxidase-<br>Inhibitor            |   |

TERPINEN-4-OL                      Fruit                      1.0                      100.0                      -0.34                      \*

| Activities (23)                            |   |  |  |  |  |
|--|---|--|--|--|--|
| Allelopathic                               | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. |  |  |  |  |
| Antiacetylcholinesterase<br>IC21-24=1.2 mM |   |  |  |  |  |
| Antiacne                                   |   |  |  |  |  |
| Antiallergic                               |   |  |  |  |  |
| Antiasthmatic                              | Chin. J. Tuber. Respir. Dis., 4:203, 1982.  |  |  |  |  |
| Antibacterial                              |   |  |  |  |  |
| Antioxidant                                |   |  |  |  |  |
| Antiseptic                                 | Flav. & Frag. J. 9: 129.  |  |  |  |  |
| Antispasmodic                              |   |  |  |  |  |
| Antitussive                                | Chin. J. Tuber. Respir. Dis.  |  |  |  |  |
| Antiulcer                                  |   |  |  |  |  |
| Bacteriostatic                             | Chin. J. Tuber. Respir. Dis.  |  |  |  |  |
| Diuretic 0.1 ml/rat                        |   |  |  |  |  |
| Fungicide                                  |   |  |  |  |  |
| Herbicide IC50=200 mM                      | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.                      |  |  |  |  |
| Herbicide IC50=22 uM                       | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.  |  |  |  |  |
| Insectifuge                                |   |  |  |  |  |
| Irritant                                   | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.  |  |  |  |  |
| Nematicide MLC=1 mg/ml                     | Shoyakugaku Zasshi, 44: 183.  |  |  |  |  |
| Pesticide                                  |   |  |  |  |  |
| Renoirritant                               | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.  |  |  |  |  |
| Spermicide<br>ED100=0.015                  |   |  |  |  |  |
| Vulnerary                                  | Lawrence Review of Natural Products, Jan-91.  |  |  |  |  |

TERPINOLENE                      Fruit                      5.0                      435.0                      2.18                      \*

| Activities (9)    |  |  |  |  |  |
|-------------------|--|--|--|--|--|
| Allelochemic      |  |  |  |  |  |
| Antifeedant       |  |  |  |  |  |
| Antinitrosaminic  |  |  |  |  |  |
| Antioxidant       |  |  |  |  |  |
| Deodorant         | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |  |  |  |  |
| FLavor FEMA 15-60 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |  |  |  |  |
| Fungicide         | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.     |  |  |  |  |
| Perfumery         | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  |  |  |  |  |
| Pesticide         |  |  |  |  |  |

TRANS-ALPHA-BERGAMOTENE                      Plant                      1.0                      160.0                      1.0                      \*

TRANS-ALPHA-BERGAMOTENE                      Fruit                      1.0                      160.0                                           Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

TRANS-ANETHOLE                      Fruit                      39000.0                      90000.0                      1.2                      \*

| Activities (8)                                      |   |  |  |  |  |
|---|---|--|--|--|--|
| Analgesic 10-100 ug/ml                              |   |  |  |  |  |
| Anesthetic 10-100 ug/ml                             |   |  |  |  |  |
| Antigenotoxic 40-400 mg/kg orl mus                  |   |  |  |  |  |
| Antioxidant   |   |  |  |  |  |
| Antiradicular                                       |   |  |  |  |  |
| Calcium-Antagonist IC50=75.2 uM gpg (weak activity) |   |  |  |  |  |
| FLavor FEMA 1,250-3,150                             | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |  |  |  |  |
| Sweetener 13 x sucrose                              |   |  |  |  |  |

TRANS-BETA-FARNESENE                      Fruit                      --                      1.0                                           Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

**Activities (2)**

Insectifuge      Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  
Pesticide

TRANS-METHYL-  
ISOEUGENOL

Fruit

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60.0

Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients  
2nd Ed. John Wiley & Sons, New York. 649 pp.